



CPD

COACH EDUCATION



World-Class
Coaching & Camps

CPD

CONTINUED PROFESSIONAL DEVELOPMENT

COACHING THE COACHES

Great coaching doesn't happen by chance—it's built through experience, reflection, and a clear understanding of what truly impacts player development.

Our CPD Coach Education Days are designed to give you exactly that. Whether you're working with juniors, adult teams, in a club or a school environment, these sessions bring together over 20 years of coaching insight to help you simplify your approach, sharpen your eye, and deliver sessions that actually transfer to match performance.

This isn't about ticking boxes or adding more noise—it's about giving you practical, game-relevant tools you can take straight back onto the pitch and use immediately.

Struggling with:



1. Sessions don't transfer to match day

Coaches run good-looking drills, but players struggle to apply them in games. There's often a disconnect between practice design and real match situations.

2. Overcomplicating coaching

Too many ideas, too much information, and not enough clarity. Coaches can end up overwhelming players instead of giving them simple, actionable cues that actually stick.

3. Inconsistent player development across age groups

Clubs lack a clear, joined-up approach. Juniors aren't being prepared effectively for adult hockey, and progression pathways feel disjointed.

4. Limited time and inefficient sessions

With 1–2 sessions a week, every minute matters—but sessions often lack structure, intensity, or purpose, meaning valuable development time is lost.

5. Coaches lacking confidence in what 'good' looks like

Many coaches second-guess themselves—unsure what to prioritise, how to intervene, or what they should actually be seeing and coaching within a session or game.

What we Deliver



We are excited to offer a CPD Coaching Day, focused around the coaching juniors and club sessions. This unique opportunity provides coaches / players / teachers the chance to understand more about the essential aspects and core skills of the game.

Content:

- Technical Skills: Ball Mastery, Passing and Receiving, Defending and Goalscoring
- Basic Formations: Pressing, Outletting Shape and more
- Attacking Principles: Goalscoring, Countering
- Games: Small Sided Games and Unit Play

Additional Areas:

- How to stretch players and sessions
- Working with larger numbers
- Making it Competitive & Fun

We invite coaches, teachers, players and parents that would love to understand about how to coach more effectively and progressively to a CPD day with Performance Hockey Coaching.

Solving Problems

- Area's you struggle with may include an abundance of helpers and assistants, but they have a limited understanding of the game.
- You need guidance and support with pre-made session plans and themes to get the most from your players.
- You have coaches experienced with playing, and have done so for years, but need more help with advanced skills and variety of drills.



Expect:

I will spend a day with your coaches/players/parents, delivering a variety of engaging sections, where we talk and discuss, get fully involved and get coached, so you understand '**what good looks like**'.

Outcomes:

1. Your club members feel confident in their delivery of technical sessions, planning and progressions.
2. Coaches feel prepared for games, match scenarios and competitions.
3. They can add real value to their players and teams.
4. Have the ability to stretch players and teams.
5. Your members will feel supported and trusted to deliver excellent, immersive sessions.

Who is Matt?

- Former International
- 20 Years Coaching Experience
- National League Coaching Experience
- 18 Years In Schools and Clubs
- Runs Hockey Camps, Clinics and High Level Training
- Supported Dozens of Players represent England
- Delivered CPD for Schools and Clubs for 10 Years.



Coaching Success

In March 2026 Matt took his School Girls U16 team to the Tier 1 National Final at Lee Valley, where they narrowly lost against Repton. Essentially making them a top 2 side in the UK for their age. Overcoming some excellent opposition in the process.

Something that hadn't been done in 35 years!

Matt will bring in many of the skills, drills, and coaching philosophies used in their success with the CPD Days.

Testimonials



Thank you for sending all of this through so quickly. The feedback from the day has been great and personally I feel that it was one of the most productive days we've had in a long time. I think your manner and approach was brilliant, it also helped that the weather was on our side too. If at some point you want me to write a 'review quote' for promoting it just let me know :o]

I will know try to plough my way through all of your attachments!

Lansdown Hockey Club



Thank you Matt,
It was a thoroughly enjoyable and professional day (in my humble opinion) thank you very much. I hope I get the chance to pass on some of the skills

Trojans Hockey Club

Testimonials



Hey mate! Hope you're home safe and had a good journey!
Thanks again for today, everyone really enjoyed it and have already got a lot of positive feedback!
Looking forward to doing another one when we can.
Looking forward to getting all the content and app access as well.
Cheers for the socks

Pelicans Hockey Club



Thanks Matt - other than being a bit broken on Monday, it was a really enjoyable day and we all got so much out of it!

Stroud Hockey Club

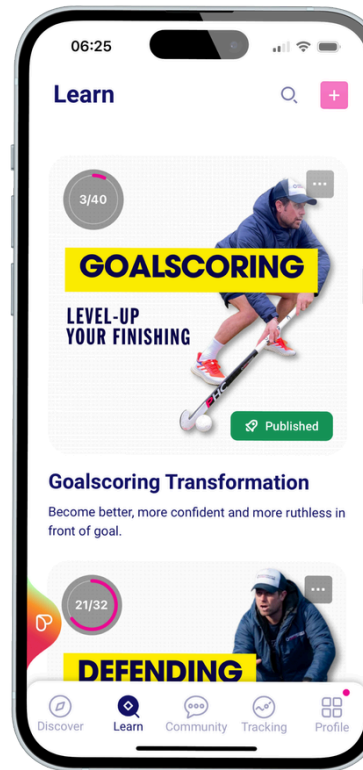
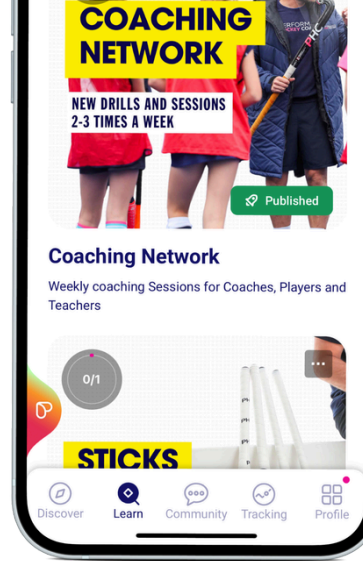
The Coaching App

You will also receive FREE access to our Coaching App, which has the World's Largest Library of videos, skills and drills.

A resources that has helped thousands of Players, Coaches and Teachers across the World in the last three years.

How it Helps:

- Pre-Made Sessions
- Olympians / Internationals - Input
- High Quality Videos
- Downloads / PDFs
- Create Playlists
- Share Drills with your Coaches and Players





Cost:

£125.00 + VAT pp

Min numbers 10.

Timings 10-16.00

The club could combine with another club/school/organisation to increase numbers.

Delivery:

Saturdays / Sundays in June - September

[Register Interest Now](#)

10 spots available